

District 1 Meeting Minutes for January 19, 2026 - St. Paul's Episcopal Church

Attendance:

In Person: David Y, Brian B, Lorraine J, Jake R, Jaimie R, Jerry C, John B, John O'G, Kenny G, Mary Jo G, , Peggy K, Wil W.

Via ZOOM: : Peggy R, Carol W, Kevin L, Martha K,

David Y opened the meeting with the Serenity Prayer.

Concept: Brian B read Concept 3.

Secretary's Report/Minutes: Lorraine J noted that there were a variety of flyers on the table and encouraged GSRs to take them back to their groups. Notably a flyer for a District 36 Speaker Jam and Covered Dish Dinner on March 1st at First Saints Community Church, 25550 Point Lookout Road, Leonardtown, MD 20650 from 1 to 4 p.m. John B and Sara S from Calvert County will be speaking.

Motion and **second** to approve November 17, 2025, minutes as submitted, all in favor.

Treasurers Report: Peggy R shared the Treasurer's report for period 11/18/25 to 1/19/26 which shows a beginning balance of \$1,811.43; Contributions/Credits of \$127.00; Expenses (bank fees/website/annual rent payment/New Year's Eve Expenses) \$561.40; and an ending balance of \$1,377.03. Peggy noted that we pay \$360 rent to St. Paul's annually in January.

Motion and **second** to approve Treasurer's Report as submitted, all in favor.

DCM Report: David Y reported he attended the area meeting in December. Not much to report—a lot of motions. Noted that rooms at the Double Tree for the Southern Maryland Roundup are sold out. Those registering are now being referred to the Hampton Inn, located about a mile from the conference venue.

Full reports/transcripts of area meetings are always available at: <https://www.marylandaa.org/>.

Alternate DCM Report: Brian B noted that Area 29 has been updated about the rotation in positions and he will now be receiving email under the altdcm@calvertaa.org email and the. Dcm@calvertaa.org email has been assigned to David.

SMIA Liaison Report: Jaimie R reported: New Where & Whens are available. Registration is open for the Maryland State Convention June 19-21. Mailing address for contributions to MD General Services has changed to Maryland General Service, Inc., P.O. Box 234, Crownsville, MD 21032. SMIA Gratitude Dinner: 170 tickets were sold and a little over \$800 will be coming back to SMIA. New York has announced a \$3 price increase on all books and a 15% increase on pamphlets. SMIA will continue to charge at the old rate on books currently in stock. A new book, "Book of Fellowship" will be available for \$15.00 (Item B-86.) SMIA will hold a Bookstall Bingo and dance on February 14 at Immaculate Conception Church in Mechanicsville. SMIA was gifted a large collection of AA literature which will be used as prizes. Flyers for all of the events mentioned were available.

COMMITTEE REPORTS:

Accessibility Committee: Needs a chair. David Y will send out the link for the monthly ZOOM meeting. There is typically a lot of interesting and useful information shared during this meeting.

Bridging the Gap: Needs a chair. David Y shared that this position helps provide support and connection for those transitioning out of treatment.

Events: Jerry C reported that at this point the New Year's Even dance has broken even but he is still waiting on receipts from Diane M and Danielle M for decoration. Ticket sales were down this year, 50

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tickets sold compared to 70 last year. GSRs were encouraged to ask around to see if we can determine why folks chose not to attend.

Grapevine Committee: **John B** reported that theme of the February edition is “Getting Through Tough Times” and reminded everyone to check out the Grapevine’s YouTube Channel and podcasts.

Institutions: **Kevin L/Peggy K** – Peggy K reported that there have been some scheduling snafus at Avenues. There is a new person handling the scheduling and on a couple of occasions, those who showed up to bring in meetings were told they were not on the schedule.

Public Information Committee: **Kenny G** filled all the racks at the various substance abuse locations and Prince Frederick Library. He will reach out to Tom R, Area 29 PI Chair in the coming month to see if he has any suggestions for additional outreach activities. Suggestion was made to cut out QR code for online meeting app and affix it to the front of the literature rack.

Web Committee: Bill L reported: Total visits 1003 since November 2025, up 52%. Calvert has room to improve with their anniversary submissions. If District 36 were used as a benchmark, Calvert could be woefully behind. Sober by the Bay has suspended all meetings with no determined reopening date.

Corrections: Jake R reported that Men’s meetings are going well and are scheduled out for the next few months. We believe Sara S is still coordinating the women’s meetings. The next orientation will likely be in March.

Workshops: Will continue to support SMIA and other regional efforts.

Old Business:

1. **Clarifying meeting arrangements with St. Paul’s.** David Y learned that the church secretary was under the impression that the District meetings were being held downstairs. David will clarify with church leadership that we meet upstairs once monthly for one hour and are not affiliated with the 231 or Living Sober meetings. WiFi access is required for the virtual option; signal downstairs is nonexistent. Relocating the meeting downstairs would require a signal-boosting device and church approval for installation. The current \$30/month rent for a one-hour meeting was discussed. It is possible this rate is based on a misunderstanding of our meeting arrangements.

New Business:

1. Conference Agenda Review Committee (CARC) – David Y noted that we as a District and our GSRs need to communicate with our groups about what items will be on the General Conference agenda. Some items will not be of general interest. Others (how we handled the founder’s writings for example) will
2. David suggested that groups do a careful review of the Where & When and online listings, looking at them from the perspective of an out-of-town visitor, to determine if the location information provided is sufficient. As a case in point, he noted St. John Vianney which hosts two different groups and has multiple buildings. One of the meetings is in a building that isn’t actually at the address listed in the Where & When.
3. Lorraine J, SMIA Vice Chair, shared that SMIA is actively researching ways to improve the online meeting option in the hope that it will improve representation. The Tri-County region has 132 meetings, but averages 10-12 attendees at the monthly SMIA meeting.

GROUP REPORTS

231 Group – Kenny G – Going well, averaging 10-12 attendees. No SMIA rep.

Awakenings – Will W – Going well, averaging 20 attendees.

Beach Beacon – Needs GSR

Bedouin Group – Lorraine J – All three meetings, including the new Thursday night Women’s meeting, are going well.

Beyond Sobriety Group (Women’s Meeting--Online Only) – Danielle B – Martha K – meeting is going well. No SMIA rep.

Cove Point – Brian B – Going well.

Daily Reflections – Malinda - Not present, no report.

Daily Reprieve Group – Jake R – Going well, averaging 8-12 attendees. Noted their group will clarify the downstairs location because they have learned that folks are still looking for the meeting upstairs.

Do Drop-In Women’s Group (Online Only) – Carol W – Going well, averaging 6-10 attendees. No SMIA rep.

Grapevine – John B – Down to 3-4 regulars. Some discussion about merging with 231 Group.

Grateful Alive Group - Needs GSR.

Happy Destiny – Ken S - Not present, no report.

Happy Hour – John O’G – Averaging 10-12 attendees. No SMIA rep.

Harmony Group – Needs GSR.

Keeping It Green - Needs GSR.

Living Sober– Danielle M – Not present, no report.

Lusby Big Book – Needs GSR.

Monday Night Men’s Meeting – Ken S - Not present, no report.

North Beach Group – Jaimie R – Going well with good attendance. Tuesday and Thursday 7 a.m. meetings could use support.

Prince Frederick Big Book – Allan C – Not present, no report.

Saturday Morning Breakfast – Mary Jo – Going well, averaging 15-20 attendees. No SMIA rep.

Sober by the Bay – Suspended indefinitely. Will be deleted from next month’s agenda.

Solomons – John O’G – Going well, averaging 20-25 attendees No SMIA rep.

Today Group – Lorraine J – Averaging 15-20 attendees with speaker’s meeting on the first Monday of the month. No SMIA rep.

We Wuz Wurz Group – Brian B – Going well., consistently good attendance.

Meeting closed with the Lord’s Prayer